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Spiritual Practice as a Base of New Anthropology

**Subjects of the course
(University of São Paulo, November 16-25, 2011)**

I (1). Man in Modernity: Decline and Fall of classical Anthropology

II. Eastern-Christian Hesychasm and its Anthropology

2. Hesychasm as spiritual tradition and anthropological practice
3. Basic principles of hesychast practice:
 - Energetic (and not essentialist) nature
 - Extreme (ontological) character
 - Rigorous method (the Organon)
4. The Ladder of Paradise:
 - The block of the take-off
 - The block of the ontological mover
 - The block of the telos

III. From Hesychast Anthropology to Synergic Anthropology

5. General paradigm of spiritual practice as the ontological unlocking of human person
6. Sufism and Zen in their basic anthropological structures
7. Anthropological unlocking as a universal paradigm of human constitution

IV. Synergic Anthropology in Action

8. Historical sequence of anthropological formations or history seen as anthropology
9. Man's prospects: Current trends, their risks and ways to control them